



INTERNATIONAL TRIATHLON UNION

ATHLETE PROFILE 2009



KATE ROBERTS (RSA)

Nickname: "Katie"
Nationality: South African
Date of Birth: 23 June 1983
Place of Birth: Bloemfontein, South Africa
Residence: Bloemfontein, South Africa



Height: 5'4" (1.62m)
Weight: 112 lbs (51kg)



**2008 Year-End
Ranking:** 58

Current Coach: Libby Burrell
Current training location: Bloemfontein, South Africa

Favourite ITU Race & why: I do not have a particular favourite race, as all the races on the circuit are special in their own way, be it because of the beautiful location or the atmosphere of the crowd.

First Triathlon and reason: I started triathlon in the year 2000. I was always a runner and swimmer during my school career and when triathlon made its debut at the Olympic Games in 2000, I saw this as a perfect opportunity to reach my dream of representing South Africa at the Olympics.

Proudest Moment: Competing for South Africa at the Commonwealth Games in Melbourne Australia (2006) as well as obtaining my Bcom degree.

Triathlon Goals: It has been my life long dream to represent South Africa at the Olympic Games and hope to do so in Beijing and London. I would also like to be one of the best triathletes on the circuit.

Personal Best: Swim (1500m) - 18:55 Bike (40km) - N/A Run (10km) - 36:30

Most influential person in sporting career: My dad has had the most influence over my career, he takes an interest in my triathlon career and believes in me completely.

Sponsors: Red Bull, Chocolate Graphics, Felt Bicycles, Puma footwear and clothing, Oakley eyewear, TYR swimwear and accessories

PERSONAL

Profession: Triathlete and PT student **Marital Status:** single

Education: Bcom Human Resource Management degree through the University of the Free State and I am currently studying part time for my honours degree through the University of South Africa.

Language(s): English and Afrikaans **Sibling(s):** older brother and twin sister

Father's Occupation: Chief Director of Social Security in the Free State Province of South Africa. **Mother's Occupation:** Mathematics teacher to grade 6 pupils at Eunice Girls School in Bloemfontein.

Family History in Sport: My dad was an extremely talented sportsman during his school days succeeding in all types of sports. He and my mom were also both marathon runners. My twin sister Tessa played field hockey for South Africa.

Biggest Obstacle Overcome: I do not have any obstacles to overcome and believe that if you want something badly enough, then you will not let anything stand in your way.

Goals outside Triathlon: I would eventually like to obtain my Masters degree in Human Resource Management. I would also like to learn how to speak German fluently and always be a happy and well balanced person.

Other valuable information: My motto is your attitude will determine your altitude!

Website www.kateroberts.co.za

CAREER

Ranking History:

2008 - 58th 2007 - 46th 2006 - NR 2005 - 101st 2004 - 95th 2003 - 112th 2002 - 133rd
2001 - 136th

Rankings unavailable prior to 2000

World Cup Highlights:

6 World Cup top 20 finishes

World Championship Highlights:

2004 Triathlon Under23 World Championships - 11th Place (Madeira, POR)
2001 Triathlon Junior World Championships - 12th Place (Edmonton, CAN)

Olympics:

2008 Olympic Games - 32nd Place (Beijing, CHN)

Other:

2007 Triathlon African Champion (Le Coco Beach, MRI)
2006 Triathlon African Champion (Nyanga, ZIM)
2006 Richards Bay African Cup - Silver Medallist (Richards Bay, RSA)
2006 Commonwealth Games - 16th Place (Melbourne, AUS)
2005 Triathlon African Championships - Silver Medallist (Kwa-Zulu-Natal, RSA)